

## Beware of the Risks Associated with Cross-boundary Meals Purchased from Agents and Delivered Over Long Distance

Cross-boundary meals purchased from agents and delivered over a long distance can be risky because they may be susceptible to lapses in proper time and temperature control, potentially leading to food poisoning. Meals that need to be delivered over a long distance will be prone to spoilage during the delivery process if there is no proper control over food storage temperature and delivery time. The Centre for Food Safety (CFS) reminds consumers to be cautious and pay attention to the delivery time and temperature control of the food when ordering cross-boundary meals delivered by agents.

Most pathogenic bacteria grow and multiply rapidly at the temperature danger zone between 4°C and 60°C. To ensure food safety, hot food and cold food should be kept above 60°C and at or below 4°C respectively during the delivery process. If meals are kept within the temperature danger zone, the two-hour and four-hour principle should be followed (i.e. if prepared food is kept at room temperature for less than two hours, it can be refrigerated for later use; if cooked food has been held at room temperature for more than four hours, it should be discarded).

Consumers should order delivered meals from reliable online shops and pay attention to the types of food and the food safety risks possibly associated with them.



In addition, do not bring any game, meat, poultry or eggs into Hong Kong without health a certificate. According to the Imported Game, Meat, Poultry and Eggs Regulations (Chapter 132AK), it is an offence to bring any game, meat, poultry or eggs into Hong Kong without a health certificate issued by an issuing entity of the place of origin and/or without prior written permission granted by the Food and Environmental Hygiene Department.

For details, please browse <https://www.cfs.gov.hk/onlinefood/>





## Food Safety Day 2024

Food Safety Day 2024 is an annual signature publicity event organised by the CFS. The theme for 2024 is Safe Temperature and Food Safety. Keeping food at safe temperature is a key component of the Five Keys to Food Safety. Please stay tuned for various publicity and promotional activities (including information in videos) organised by the CFS.

## Official WhatsApp Channel of the CFS 🌟 Launched



The official WhatsApp channel of the CFS has been launched. Follow us now for the latest reliable food safety news.

Click the following link or scan the QR Code in the image to view the “食物安全中心 Centre for Food Safety” channel, and press “follow” .

<https://whatsapp.com/channel/0029VaMrUsUIXnlz5oAkZG1T>

### WhatsApp Channel Guide (Mobile Version)

1. Scan the QR Code in the image to access the official WhatsApp channel of the CFS
2. Press “follow” on the upper right corner to start following the channel
3. Enable notification “tone” to receive the latest news from the channel
4. Click “latest news” in the WhatsApp application to browser channel news at any time



5. Press "channel" to browser channel news at any time



### WhatsApp Channel Guide (Web Version)

- 1.Type/Paste the invitation link in your browser to access the official WhatsApp channel of the CFS
- 2.Click "View channel"
- 3.Press "follow" on the upper right corner to start following the channel
- 4.Enable notification "tone" to receive the latest news from the channel

### Recruitment of Consumer Liaison Group Members

Thank you for your participation in the CLG. It requires a joint effort from all stakeholders to ensure food safety. Your friends and family are also welcome to join the 7th-term CLG. Please complete and return the attached membership form. It is also available for download from our website:

[https://www.cfs.gov.hk/english/committee/committee\\_clg\\_recruitment.html](https://www.cfs.gov.hk/english/committee/committee_clg_recruitment.html)

For enquiries, please contact Mr AU YEUNG at 2381 6275. Please return the completed membership form to us by fax (2893 3547), email (clg@fehd.gov.hk) or post (4/F, Food and Environmental Hygiene Department Nam Cheong Offices and Vehicle Depot, 87 Yen Chow Street West, Kowloon (Consumer Liaison Group)).

