跟足食安 要點 餐養味無危險 Follow 'Five Keys' to Eat Safe





精明選擇

Choose

選擇安全的原材料 Choose safe raw materials



保持清潔

Clean

保持雙手及用具清潔 Keep hands and utensils clean



生熟分開

eparate

分開生熟食物 Separate raw and cooked food



徹底煮熟食物 Cook thoroughly





安全溫度

Safe Temperature

把食物存放於安全溫度 Keep food at safe temperature













