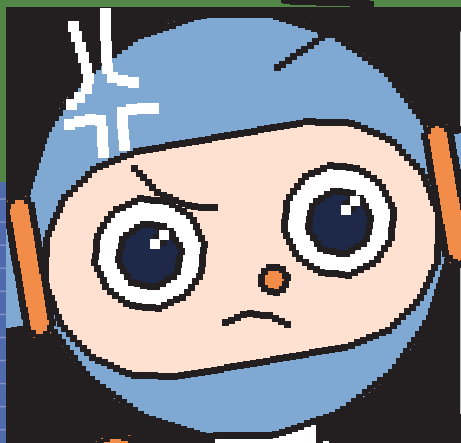
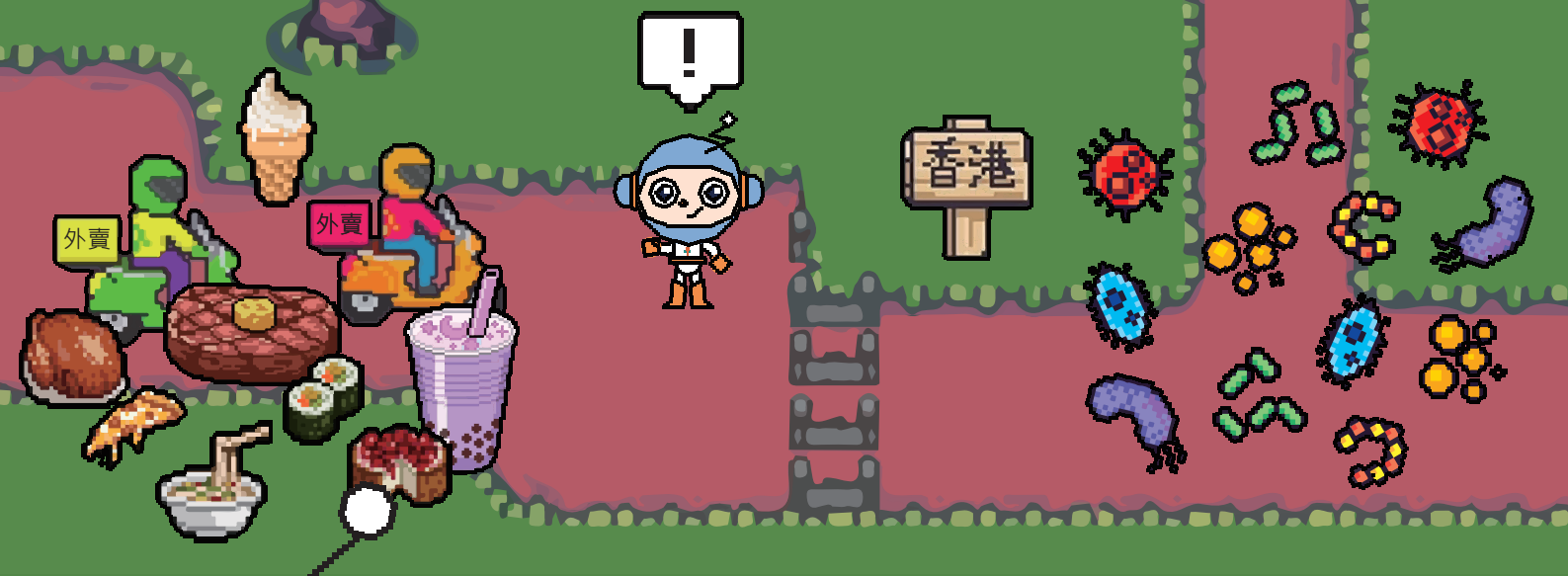


注意跨境 餐飲代購及 長途配送的風險

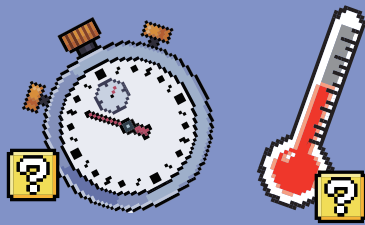
BEWARE OF THE RISKS ASSOCIATED WITH
CROSS-BOUNDARY MEALS PURCHASED FROM
AGENTS AND DELIVERED OVER LONG DISTANCE



跨境餐飲代購及長途配送風險高
貯存溫度及時間如欠妥善控制，
容易引起食物中毒



CROSS-BOUNDARY MEALS PURCHASED FROM AGENTS AND DELIVERED
OVER LONG DISTANCE CAN BE RISKY BECAUSE THEY MAY BE
SUSCEPTIBLE TO LAPSES IN PROPER TIME AND TEMPERATURE
CONTROL, POTENTIALLY LEADING TO FOOD POISONING



食物安全中心提醒市民，光顧跨境餐飲代購及配送時須小心謹慎，留意配送食物的運送時間及溫度控制。

跨境餐飲代購配送風險

如餐飲配送的路程遙遠，若在控制食物的貯存溫度和運送時間方面有欠妥善，食物容易在運送過程中變壞。

大部分致病細菌在攝氏4度至60度的危險溫度範圍下會迅速繁殖。為保障外送食物安全，在運送途中，熟食應保持於攝氏60度以上，冷食於攝氏4度或以下。如食物置於危險溫度範圍，則須遵從兩小時及四小時原則（即烹製好的食物如置於室溫不超過兩小時，可放入雪櫃待用；熟食如置於室溫超過四小時，便須棄掉）。

市民如欲在網上購買外送食物，應光顧信譽良好的商店，並留意食品種類及可能存在的食物安全風險。市民可瀏覽網頁（cfs.gov.hk/onlinefood），了解更多有關網購食物安全的建議。

切勿攜帶沒有衛生證明書的野味、肉類、家禽或蛋類入境

根據《進口野味、肉類、家禽及蛋類規例》（第132AK章），凡任何人攜帶野味、肉類、家禽或蛋類入境而沒有原產地發證實體簽發的衛生證明書及/或沒有食物環境衛生署的事先書面批准，均屬違法。違例者一經定罪，可被罰款港幣五萬元及監禁六個月。

The Centre for Food Safety reminds consumers to be cautious and pay attention to the delivery time and temperature control of the food when ordering cross-boundary meals delivered by agents.

Risks of cross-boundary meal order and delivery

Meals that need to be delivered over a long distance will be prone to spoilage during the delivery process if there is no proper control over food storage temperature and delivery time.

Most pathogenic bacteria grow and multiply rapidly at the temperature danger zone between 4°C and 60°C. To ensure food safety, hot food and cold food should be kept above 60°C and at or below 4°C respectively during delivery process. If meals are kept within the temperature danger zone, the two-hour and four-hour principle should be followed (i.e. if prepared food is kept at room temperature for less than two hours, it can be refrigerated for later use; if cooked food has been held at room temperature for more than four hours, it should be discarded).

Consumers should order delivered meals from reliable online shops and pay attention to the types of food and the food safety risks possibly associated with. The public can visit the website (cfs.gov.hk/onlinefood) for more advice on the safety of purchasing food online.

Do not bring any game, meat, poultry or eggs into Hong Kong without health certificate

According to the Imported Game, Meat, Poultry and Eggs Regulations (Chapter 132AK), it is an offence to bring any game, meat, poultry or eggs into Hong Kong without health certificate issued by an issuing entity of the place of origin and/or without prior written permission granted by the Food and Environmental Hygiene Department. An offender shall be liable on conviction to a fine of HK\$50,000 and to imprisonment for six months.