

常見的食用色素及其應用範圍
Common food colours and their applications

食用色素 Food colours	來源 Sources	色系 Colour shade	應用範圍 Food applications
β -胡蘿蔔素 Beta-carotene	胡蘿蔔、棕櫚油、蕃薯 Carrot, palm oil, sweet potato	黃—橙—紅 Yellow-orange-red	牛油、人造牛油、乳製品、果汁 Butter, margarine, dairy products, fruit juice
胭脂蟲紅 (胭脂紅酸) Cochineal (Carminic acid)	雌性胭脂蟲身體 Bodies of the female cochineal insects	紅色 Red	酒精飲品、加工肉類食品 Alcoholic beverages, processed meat products
檸檬黃 Tartrazine	原材料來自石油 Raw materials obtained from petroleum	黃色 Yellow	糖果、汽水、鹹味小食、烘焙食品 Sugar confectionary, soft drinks, savoury snacks, bakery products
二氧化鈦 Titanium dioxide	鈦鐵礦 (成分為鐵和氧化鈦、 FeTiO_3) Ilmenite (iron and titanium oxide, FeTiO_3)	白色 White	糖果和糕餅裝飾 Confectionary and bakery decorations
薑黃 Turmeric	薑黃的根莖 Turmeric rhizome	黃色 Yellow	醃漬食品、咖哩／咖哩粉、薑黃飯、芥末醬 Pickles, curries/curry powders, yellow steamed rice, mustard condiment